



2021



Name: Jaynette A. Arrington

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How long have you been at FRES?

I joined the FRES community on Monday, October 19, 2020.

Have you worked at Penn in any prior roles? No, this is my first time at Penn.

Job title (and brief description of what you do at FRES):

O&M Accounting and Payroll Manager

In this role, I oversee the O&M Accounting and Payroll functions such as invoice payments, issuance of task orders, and the weekly payroll processing of 115, 835 and non-union employees.

What is your proudest achievement, personally or professionally?

My proudest achievement personally was earning my Associate's and Bachelor's degrees while working full time and raising my family.

What three words best describe yourself: I am reflective, competitive and innovative.

What are your favorite things to do in your free time, outside of work?

I enjoy being outdoors – walking, running. I also enjoy exercising, reading and spending time with family and friends.

What is the best lesson you ever learned?

There are few lessons that I have learned recently. First, be grateful. Second, 'no' is also an answer. Lastly, I am not defined by what I do but by who I am - I am valued, smart, kind! I am enough!

What positive takeaway do you have from the unprecedented past year?

The positive takeaway from the unprecedented past year is the importance of self-care = get outside, take deep breaths, make time for friends, exercise, do what you enjoy, take breaks, and smile/laugh often!

What is your motto, words to live by, or best advice?

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.” Philippians 4:6 (NLT)