



Name: **Susan H. Long**

Years at Penn: 14

Years at FRES: 14

Job title (and brief description of job duties):

Administrative Coordinator – FRES Design and Construction Management. I support the Executive Director and one Director of Design and Construction.

Have you taken any classes, received a degree, or attended any lectures at Penn? If so, please describe... I attend HR training sessions to develop and enhance skills.

Have any family members attended Penn (i.e. children, spouse)?

My Uncle.

What is your proudest achievement, personal or while working at Penn?

Models of Excellence for ACE Mentor Program. Also, I have lost a lot of weight by attending the Live Life Healthy program at FRES!

What is your favorite building on campus?

Singh Center for Nanotechnology.

What is your favorite Penn tradition, event, or memory?

Commencement.

Favorite place on campus to eat/drink? ...to shop? ...to sit quietly? ...to gather with friends/coworkers?

Penn Park.

What three words best describe yourself:

Organized, hard-working, passionate.

What is your best habit? ...or best hidden talent?

Good with children.

Who is your favorite hero (fictional or real life)?

Mother Theresa.

Who is your favorite hero (fictional or real life)?

Jesus Christ because he taught to love one another including your enemies. My Dad because he loved God and lived a life of integrity till the moment he died.

What is your most favorable characteristic or trait?

Honesty.

What talent or power would you most like to have?

To love people unconditionally.

What are your favorite things to do in your free time, outside of work?

Time with my family and friends. Church.

What is the best lesson you ever learned?

Don't take family for granted.

What characteristic or trait do you most value in your colleagues?

Integrity.

What is your motto, words to live by, or best advice?

Treat others the way you would like to be treated.

If you had an opportunity to shadow another FRES employee for a day, which department/job/person would you choose?

Our VP. I think it would be interesting to learn/observe how she handles, runs, juggles FRES with the University and beyond.