



年糕



NIAN GAO CHINESE NEW YEAR CAKE

Sweet Rice Cakes (VG) with hints of brown sugar,
garnished with fresh dates.



Nian gao is a traditional food eaten during Chinese New Year. It is considered a lucky food and it sends good wishes for a better year.

Nian gao is a homonym for "higher year." The Chinese word 粘 (nián), meaning "sticky", is identical in sound to 年, meaning "year". The word 糕 (gāo), meaning "cake" is identical in sound to 高, meaning "high or tall".



For old people, nian gao expresses the wish for *longevity*.
For young people, it expresses the wish for *promotion and high income*.
For kids, it expresses the wish to *grow up*.

The main colors of nian gao are yellow and white, representing gold and silver, so nian gao also symbolizes the God of Wealth.

